M.P.R. Di Rocca Method

The M.P.R. (Myofunctional Postural Rehabilitation) is the result of Prof. Di Rocca’s idea to create an INTERDISCIPLINARY INTEGRATIVE PROTOCOL, where all health science specialists can work together with the same direction from the diagnosis to the actual therapy. Muscle-skeletal pathology has multiple causes. This is the reason why it is so important for specialists to collaborate using an interdisciplinary protocol. With the M.P.R. all disciplines can cooperate using the same protocol to go past the symptomatology, and treat the root cause of the pathology, easily and functionally for real lasting results. Medical Doctors, Dentists, Physiotherapists, Osteopaths, Optometrists and Podiatrists can all work together using the same therapeutic method every step of the way. Our goal is to follow each and every professional throughout the learning process, firstly with the online classes in the online classroom, and then with practical classes. The online classes are live, they are not recorded, but actual lessons where it is appropriate to interact and ask questions, all this is possible right from the comfort of your own home and at hours to suit working schedules. The workshops are held in special centers throughout the country during the weekend, the dates and locations will be communicated in advance to those interested in participating. The course will be an introduction to the M.P.R. (MIOFUNCTIONAL AND POSTURAL REHABILITATION ) diagnosis- dedicated only to Physiotherapists and Osteopaths. The course objective will be the study of the diagnostic methods of M.P.R. in two days of WORKSHOP. You will learn to do all the diagnostic tests of the method, and the therapeutic planning in neuro muscular skeletal dysfunction and use of B.E.D Body Equilibriun Device for physioterapist.

Program

Notions of Posturology,
Tonic Postural System
Study of static posture
Tmj and Posture

Receivers

Eye
Mouth
Foot
The Stomatognatic system integrated with the rest of the body.
Interrelation between masticatory system and ocular convergence
Foot support and alterations of the occlusione
How the stomatognathic system alters the static posture
Mandibular posture and alteration of the static posture

**Topics of diagnosis**

Stomatognathic Diagnostic  
Clinical diagnostics in chronic pain  
Diagnostic Rx  
Diagnostic of T.M.J. Tempora Mandibular Joint  
Occlusal diagnostic  
Neuromuscular dysfunction  
Hyper and hypo neuromuscular function  
Alteration of posture as the genesis of alterations of the stomatognathic system  
Negative habits  
Breathing  
Swallowing  
Phonological  
Negative postural habits (postural ergonomics)  
Alterations of foot support and postural alterations  
Alteration of ocular convergence, relationship with the mandibular posture

**General Diagnosis**

Postural Diagnosis  
Convergence and posture  
Foot support and posture  
Stomatognathic system and posture  
Mandibular posture  
Main clinical test for M.P.R. diagnosis  
Therapeutic planning in M.P.R.  
B.E.D. Body Equilibrium Device the only device fot physiotherapist, that avoid the interferences of Stomatognatic System into the Muscle Chains, allowing a good physical rehabilitation.

Two days full practice

**Total cost of the course Euro 300**